

**PE Curriculum Knowledge and Progression Map 2023 2024**

<b>YEAR GROUP &amp; CLASS</b>	<b>AUTUMN 1</b>	<b>AUTUMN 2</b>	<b>SPRING 1</b>	<b>SPRING 2</b>	<b>SUMMER 1</b>	<b>SUMMER 2</b>	<b>ADDITIONAL OPPORTUNITIES</b>
<b>R/Y1 PINE &amp; YEAR 1 CEDAR</b>	<b>Net and Wall</b> <i>Net and wall games 2</i>	<b>Invasion Games</b> <i>Invasion games skills 2</i>	<b>Gymnastics</b> <i>Balancing and spinning on points</i>	<b>Striking</b> <i>Striking and fielding games skills 2</i>	<b>Dance</b>	<b>Athletics</b> <i>Athletics 2</i>	All planning supported with PE passport.
BREADTH OF STUDY	Participate in team games, developing simple tactics for attacking and defending.	Participate in team games, developing simple tactics for attacking and defending.	Perform movement patterns.	Participate in team games, developing simple tactics for attacking and defending.	Perform dances using simple movement patterns.	Participate in team games, developing simple tactics for attacking and defending.	Expert practitioners available across school for additional PE sessions.
THRESHOLD CONCEPTS	Develop practical skills in order to participate, compete and lead a healthy lifestyle. This concept involves learning a range of physical movements and sporting techniques.						LFC Foundation providing PE CPD to teachers.
MILESTONES	Develop tactics.  Use hitting, running, jumping, catching and kicking skills.	Develop tactics.  Use hitting, running, jumping, catching and kicking skills	Hold a position whilst balancing on different points of the body.  Move with some control and awareness of space. Copy and remember actions.  Link two or more actions to make a sequence	Develop tactics Use hitting, running, jumping, catching and kicking skills	Copy moves and positions.  Move with coordination and control Link two or more actions to perform a sequence	Use hitting, running, jumping, catching and kicking skills	Beth Tweddle Gymnastics providing additional gymnastics sessions and necessary CPD for staff across KS1 & 2.  St Helens Rugby Foundation providing

			<p>Jump in a variety of ways and land with control and balance.</p> <p>Stretch and curl to develop flexibility.</p>				<p>additional invasion games sessions and staff CPD across KS1 and 2.</p> <p>Breadth of afterschool sports clubs providing structured sporting opportunities for our children throughout the year.</p> <p>Diddi Dance to work with EYFS and Nursery children in Autumn term.</p>
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