

Pupils not meeting the minimum expected requirements	Expected requirements Milestone 1 (Expected standard Year 1 and Year 2)				Pupils exceeding the minimum expected requirements
	<i>To develop practical skills in order to participate, compete and lead a healthy lifestyle.</i>				
	<i>Games</i>				
	Use the terms 'opponent' and 'team-mate'.	Use rolling, hitting, running, jumping, catching and kicking skills.	Develop tactics.	Lead others when appropriate.	
	<i>Dance</i>				
	Copy and remember moves and positions.	Move with control and coordination.	Link two or more actions to perform a sequence.	Choose movements to show a mood, feeling or idea.	
	<i>Gymnastics</i>				
	Copy and remember actions. Climb safely on equipment.	Move with some control and awareness of space.	Link two or more actions to make a sequence.	Show contrasts (such as small/tall, straight/curved and wide/narrow).	
Travel by rolling forwards, backwards and sideways.	Hold a position whilst balancing on different points of the body.	Jump in a variety of ways and land with control and balance.	Stretch and curl to develop flexibility.		